

WE'RE *Open!*

Welcome Back!

*Please
Remember*

...

Bring your own props to each class.

Wash your hands before and after each class.

Maintain a minimum of 6 feet of distance from another person.

When possible please wear a face covering.

Be respectful of others - if you feel sick, come back when you are healthy.

What We Are Doing To Keep You Safe...

- We are operating at 50% capacity.
- We are limiting our class sizes to 12 people for Studio 2 and 5 people for Studio 1.
- Requiring reservations for all yoga classes.
- All participants are required to bring their own props for each yoga class.
- When possible, we will accommodate higher risk patrons with smaller classes.
- Keeping a minimum of 30 minutes between each class.
- Disinfecting the studios between each class.
- Disinfecting all door handles and commonly touched surfaces hourly.
- Taking the temperature of all staff members prior to their class or shift.
- Designating areas in each studio to maintain a distance of at least 6 feet from one another.
- All staff members must wash their hands routinely.
- When possible, requiring patrons and staff to wear face coverings.
- Providing hand sanitizer throughout the studio.
- Continuing to offer online classes.
- Fully disinfecting the entire studio each day.
- All exercise equipment will be cleaned and disinfected after each use.
- All disinfectants contain with at least 70% alcohol.

